

KALIKA YAP

Coaching Program

for ENTREPRENEURS

Would it be okay with you
if life got a little easier?

kalika



Hi!

I'm Kalika!

FOUNDER & CEO, INVENTOR, AUTHOR,
PODCAST HOST, SERIAL ENTREPRENEUR

I want to introduce you to my
coaching program

In the next couple of pages, I'll
explain what coaching is and
what it's not.

I'll share the coaching process
and who coaching is for.

kalika

I am a mom, thriving serial (concurrent) entrepreneur. whose businesses include award-winning brand agency Citrus Studios, inventor of the Luxe Link purse hook, Founder, the Waxing Co., Orange & Bergamot. My kids also have a food company called Conscious Kids Cookies.

I am the former President of the Entrepreneur's Organization, Los Angeles Chapter.



**Today is
definitely
the day.**

What is Coaching?

Coaching is. . .

- Creating a space in which you get access to your own wisdom and their own answers for their life.
- Empowering you with tools and skills to observe your stopping points and move beyond them.
- Supporting you to show up in a way you are proud of when you encounter life's inevitable challenges.
- Energizing. Something you look forward to.

Coaching is *not*

- Giving you answers from my life experience, needing to “have your life figured out.”
- Giving prescriptive, tactical advice to help solve your problems.
- Trying to prevent you from encountering difficulties or challenges
- Exhausting. A lot of hard work.

Coaching Approach

Ontology, a profound and practical approach

Rooted in ontology, or the study of being, my coaching framework looks at what it truly is to be human – the values we live by, the heroic journey we are here to take, and, ultimately, the gift to others we want to be known for.

Scientific and spiritual

The ontological coaching approach is grounded in principles found across spiritual and secular traditions while also drawing on the latest research in neuroscience.

A close-up photograph of a woman wearing a white, long-sleeved lace dress with a deep V-neckline. The lighting is soft and warm, highlighting the texture of the lace and the contours of her face and neck. The background is a plain, light-colored wall.

**I should probably
kick some ass today.**

Who's This For?

My coaching program is based on the **Academy for Coaching Excellence** for purpose-driven entrepreneurs ready to master their internal stopping points, so you can harness the six energies of life:

Focus: money, time, physical vitality, creativity, enjoyment & relationships.

My Core Promise

I support you to recognize your magnificence, and see how you are successful right now.

Who I Am

I am a mom, serial entrepreneur, inventor, author, podcaster. In my presence, you see your magic and create powerful change in the world.

I am Here to Empower You

I create a coaching space where you discover and consistently take action on what's important to you.

Commitment

3-Month Coaching Program

- One Complimentary Discovery Call
- Two Coaching sessions per month, 55 minutes, \$375/each session
- Up to 2 texts / calls up to 10 minutes each between sessions

Minimum program: 3 months

Total: \$2,250

Format

- In-Person
- Video Zoom in a quiet place where you can focus and be present
- No driving!



Hey Friend!

*Thank you for for
your consideration!*

**PLEASE LET ME KNOW IF YOU
HAVE ANY QUESTIONS!**

If you know anyone who's interested in joining me, please feel free to send them my way!

You can set up a complimentary
60 minute Discovery Zoom Call
with me here:

[HTTPS://CALENDLY.COM/KALIKA/COACHING](https://calendly.com/kalika/coaching)

*xoxo
Kalika*

P.S You're just the best!