Worksheet to Help You Begin

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To help you get started, I've created a simple worksheet that guides you through the initial planning and execution phases of your project. This tool is designed to help you organize your thoughts, set clear objectives, and track your progress.

Worksheet Steps:

- **Goal Setting:**

  Write down your primary goal.
- **Task Breakdown:**

  List the smaller tasks required to achieve your goal.
- **Deadlines:**

  Specify a completion date for each task.
- **Accountability Partner:**

  Note who your partner is and how often you'll check in.
- **Resource List:**

  Make a checklist of all necessary materials and resources.
- **Daily/Weekly Routine:**

  Plan specific times for working on tasks.
- **Feedback Review:**

  Reserve space to jot down feedback and subsequent actions.

“THE WAY TO GET STARTED IS TO QUIT TALKING AND BEGIN DOING.”

WALT DISNEY

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