WORKSHEET

# Leading with Understanding and Adaptability

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This worksheet is designed to help you reflect on the forces that influence your business and guide you toward making more informed, adaptable decisions.

By focusing on what's within your control and learning to respond to the world around you, you'll be able to lead with greater clarity and confidence.

## 1. What's Within Your Control?

- List three areas of your business that are fully within your control (e.g., decision-making, team leadership, marketing efforts).

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- How can you focus on improving these areas?

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## 2. Study External Forces

- Identify two major forces currently impacting your business (e.g., market trends, customer behavior, technology shifts).

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- How can you position your business to better adapt to these forces?

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## 3. Letting Go of What You Can't Control

- Write down three things that are outside of your control (e.g., competitor actions, economic changes).

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- How can you refocus your energy away from trying to control these and instead put your focus on your response?

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## 4. Planning Your Next Steps

- Based on your observations, what two small actions can you take this week to better align your business with its environment?

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- What long-term strategies could help you remain adaptable to future changes?

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I don't shape the wind; I only study it.

— LORD TORANAGA