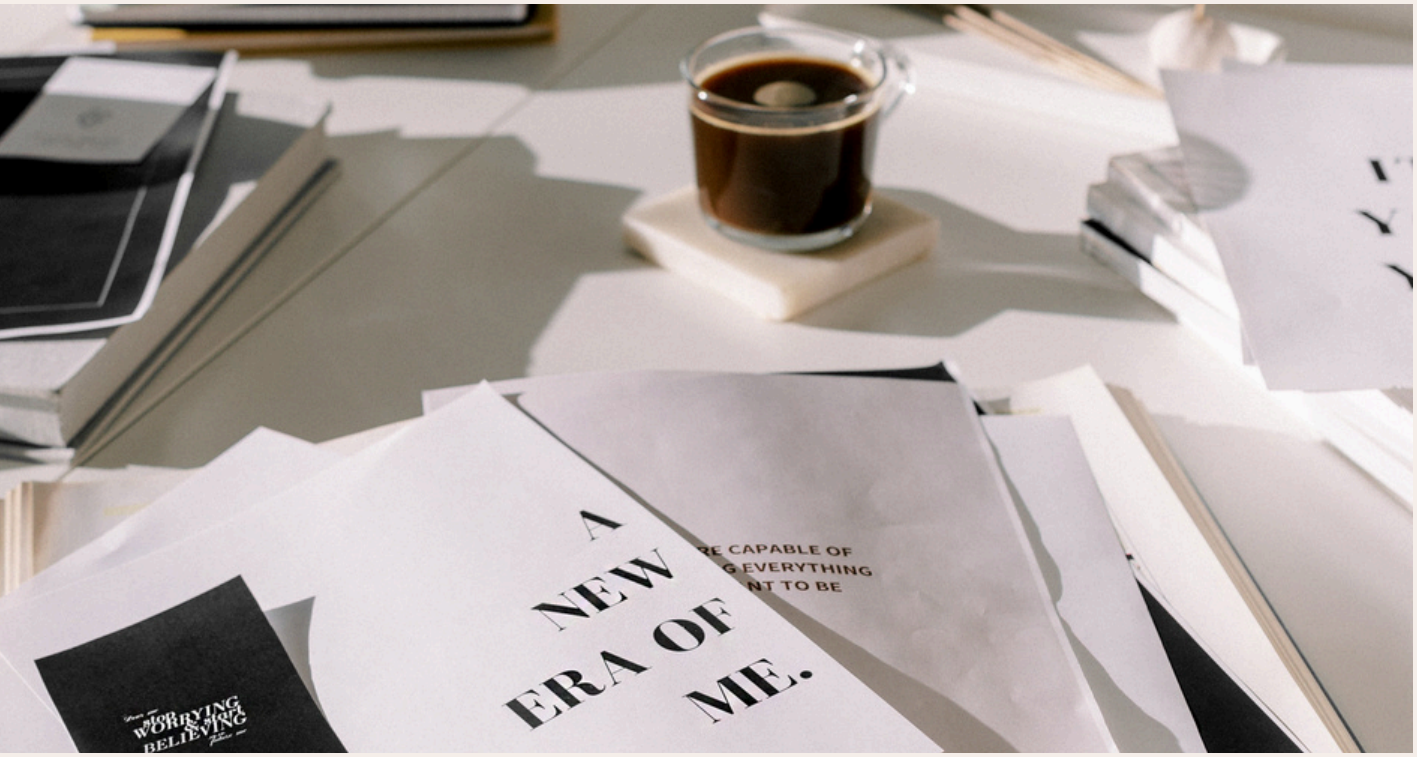

Becoming the Hummingbird In Your Business

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Becoming The Hummingbird In Your Business

We don't wait for calm skies before we learn to fly; we learn while weathering the storms. Use this worksheet to shift your perspective and find your next small step forward.

Step 1: Identify Your Fire

- What's the challenge that feels too big right now?
- How does it make you feel?

Step 2: Find Your Drop of Water

- What tiny action can you take today to move closer to relief or progress?
- How could you make this action part of your daily routine?

Step 3: Reframe Your Mindset

- Name three things you can control, even in the midst of chaos.
- How does focusing on these empower you?

Step 4: Inspire Your Rainstorm

- Who else might need encouragement in your circle?
- What small gesture could you offer to support them?

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Remember!

You don't need to carry the weight of the world on your shoulders.

By doing what you can—drop by drop—you invite the kind of miracle that comes when hearts unite in shared effort.

"Do what you can, with what you have, where you are."

– Theodore Roosevelt"