WORKSHEET

AI INTEGRATION

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INTRODUCTION

This worksheet is designed to help you take the insights from Bones Ijeoma's presentation and turn them into actionable steps for your business. Change begins with clarity, and clarity comes from asking yourself the right questions.

Take your time with this. Be honest. Be thorough. The quality of your answers will directly impact the quality of your results.

This isn't just about adopting new technology. It's about reimagining how you work, how you serve your customers, and how you show up as a leader in your industry.

Part 1: Current State Assessment

1. ON A SCALE OF 1-5, HOW DIGITALLY MATURE IS YOUR BUSINESS CURRENTLY?

- 1 = Minimal digital integration
- 5 = Fully digitally transformed

Rating: _____

2. WHAT STAGE BEST DESCRIBES YOUR CURRENT AI ADOPTION?

- ☐ Stage 1: Little to no digital presence
- ☐ Stage 2: Some digital tools, mostly disconnected
- ☐ Stage 3: Integrated digital systems with some automation
- ☐ Stage 4: Advanced digital capabilities with AI integration
- ☐ Stage 5: Fully AI-optimized and continuously innovating

3. WHAT ARE YOUR THREE BIGGEST OPERATIONAL PAIN POINTS RIGHT NOW?

1. _____
2. _____
3. _____

4. WHAT TASKS CURRENTLY CONSUME MOST OF YOUR TIME THAT FEEL REPETITIVE OR LOW-VALUE?

_____

_____

_____

Part 2: Vision and Goals

5. WHAT IS YOUR "WHY" FOR YOUR BUSINESS? (WHY DO YOU DO WHAT YOU DO?)

_____

_____

_____

6. HOW COULD AI HELP YOU SERVE THAT PURPOSE MORE EFFECTIVELY?

7. IF YOU COULD WAVE A MAGIC WAND, WHAT WOULD BE DIFFERENT ABOUT YOUR BUSINESS IN 12 MONTHS?

Part 3: Prioritization

8. WHICH AREA WOULD CREATE THE MOST IMMEDIATE IMPACT FOR YOUR BUSINESS?

- ☐ Customer Experience Enhancement
- ☐ Operational Efficiency
- ☐ Revenue Growth
- ☐ Cost Reduction

9. WHY DID YOU CHOOSE THIS AREA?

10. WHAT SPECIFIC OUTCOME WOULD INDICATE SUCCESS IN THIS AREA?

Part 4: Task Analysis

11. LIST ALL YOUR CURRENT TASKS AND CATEGORIZE THEM:

Tasks Only I Can Do (Highest Value):

1. _____
2. _____
3. _____

Tasks That Could Be Augmented by AI:

1. _____
2. _____
3. _____

Tasks That Could Be Fully Automated:

1. _____
2. _____
3. _____

Part 5: Action Planning

12. WHAT IS ONE SPECIFIC AI TOOL OR CAPABILITY YOU WILL EXPLORE THIS MONTH?

_____

_____

13. WHAT SPECIFIC RESULT DO YOU WANT TO ACHIEVE WITH THIS TOOL?

_____

_____

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14. WHAT RESOURCES (TIME, BUDGET, TRAINING) DO YOU NEED TO MAKE THIS HAPPEN?

Time needed: _____

Budget available: _____

Training required: _____

15. WHO ON YOUR TEAM NEEDS TO BE INVOLVED IN THIS FIRST EXPERIMENT?

_____

_____

16. HOW WILL YOU MEASURE SUCCESS?

_____

_____

_____

Part 6: Obstacles and Solutions

17. WHAT FEARS OR CONCERNS DO YOU HAVE ABOUT IMPLEMENTING AI?

_____

_____

_____

18. WHAT SUPPORT OR KNOWLEDGE DO YOU NEED TO MOVE FORWARD CONFIDENTLY?

_____

_____

_____

19. WHAT IS ONE SMALL EXPERIMENT YOU CAN RUN THIS WEEK TO START BUILDING MOMENTUM?

_____

_____

_____

Part 7: Commitment

20. COMPLETE THIS STATEMENT:

By _____ (date), I commit to _____

in order to move my business forward with AI transformation.

21. WHO WILL HOLD YOU ACCOUNTABLE TO THIS COMMITMENT?

_____

_____

_____

22. WHAT WILL YOU CELEBRATE WHEN YOU ACHIEVE THIS FIRST MILESTONE?

_____

_____

_____

CONCLUSION

Congratulations on completing this worksheet! You've taken an important step that most entrepreneurs never take. You've moved from inspiration to intention.

Here's what I want you to remember: Change doesn't happen all at once. It happens in small, consistent steps taken with clarity and purpose.

The answers you've written here are your roadmap. Return to them regularly. Update them as you learn and grow. Share them with your team, your mentors, your accountability partners.

AI is not a destination. It's a process of continuous learning and improvement. You don't need to have all the answers today. You just need to take the next right step.

And remember Bones's powerful reminder: AI is your co-pilot, not your replacement. It's here to augment your capabilities, amplify your impact, and help you serve your purpose more effectively.

The opportunity is massive. The time is now. And you have everything you need to begin.

Your next breakthrough is closer than you think.

Now go create it.

The way to get started is to quit talking and begin doing.

WALT DISNEY